Welcome to New Life House
Dear Friends,

Thank you for taking the time to learn a little bit more about New Life House. Since 1985, we have had the opportunity to work with many young adults and their families. Our commitment has always been to not only help one tackle their addiction, but teach them the values necessary to be successful - emotionally, mentally, and spiritually.

The community that your loved one gets to enter is one of care, compassion, and brotherhood. We believe in protecting our newcomers until they are able to stand on their own feet. We are about truth, integrity, learning about yourself and growing. Getting sober is not easy. There are aspects of life that have to change. But at New Life House, we will jump into the trenches with you and help you sort out any and everything that you are willing to look at.

We won’t do recovery for you – but we will do it with you.

Our commitment to you, your loved one and or your client is that we will always put what’s right in front of everything else. The needs of our guys will always come first, no matter what.

Whether New Life House crosses paths with you in your journey or not, we hope you find peace and happiness.

Yours truly,

Mike Joly
FUN IN RECOVERY

We believe that if you are going to remain in recovery, recovery must be more appealing than drinking and using once was. This means that life needs to be full of excitement and growth. Fortunately, Los Angeles is a hub of young adults in recovery. There are a multitude of recovery oriented activities and events year round, which our house members have the opportunity to participate in. Our graduates return to sponsor new members and take the guys to events and activities such as:

ACTIVITIES
- Surfing
- Barbecues
- Camping Trips
- Museum Trips
- Sports Games
- Movie Outings
- Bowling Nights
- Sober Dances/Events
- Amusement Park Outings

LIFE SKILLS
- Physical Fitness
- Money Management
- 12 Step Participation
- Healthy Relationships
- Meditation / Spirituality
- Assistance with Employment
- Community House Meetings
- College Enrollment
To many people, Southern California is paradise. The Golden State is an ideal destination, sunny all year round with easy access to the ocean, deserts and mountains. California is the hub for art, film, music, literature, and cuisine. Not to mention, it’s home to some of the best public and private universities and colleges in the nation!

Surf culture is king in Los Angeles and with hundreds of miles of coastline, there is no shortage of beaches to enjoy. Los Angeles is at the pinnacle of what’s happening in Southern California with it’s countless options for recreation and entertainment - all without sacrificing your recovery!

Our strength is in our numbers. When you come to New Life House, you become a part of a community that is based around having a great time in recovery!

Through community living, peer support and a foundation built on the 12 steps of Alcoholics Anonymous, our young men learn how to live effectively through life’s ups and downs. We believe that structure, accountability and the support of the 12 steps transform men and create true freedom. House members learn the value of showing up, walking through fears and contributing to life. We believe each of us has that internal force that drives us to be better men. Here, men become motivated by the passion they see demonstrated in the graduates who went before them. Having 30+ years of a proven track record means that you don’t have to have faith that it works. You can see the hundreds of graduates who prove it. New Life House men are united in purpose and recovery. Our sober community is composed of hundreds of graduates and friends who have been coming back to participate at New Life House since 1985. The first thing people experience when coming to New Life House is a sense of warmth and support. New Life House isn’t a typical aftercare. It’s a home for those who are in it, those who graduated and those who support us. The relationships you build while at New Life House are meant to last far beyond the time you are with us.
For Young Men 18-23 Years Old: Our South Bay Locations

New Life House has two custom designed homes in the beautiful South Bay of Los Angeles. Minutes away from the beach and built from the ground up with recovery in mind, these two locations are where our guys between the ages of 18 – 23 live.

New Life House East is comprised of two adjacent homes that were built specifically for the men of New Life House. It’s home to a full fitness area, study room, billiards lounge and a gazebo.

New Life House East is located minutes away from Manhattan Beach and Redondo Beach, New Life House East provides a great environment for young men to recover, discover who they are and build the life skills and community necessary to succeed.

New Life House West was also custom built for young men 18-23 years old. The walls of the house are filled with pictures of New Life men going back over 30 years, a testament to the strength of our community! The ranch-style home has a custom exercise area, foosball, pool tables, a custom-built media room and a huge back area – all of which make it perfect for movie nights, sports games and community barbecues!

For Men 23-32 Years Old

Located in the Miracle Mile district of Los Angeles, California, the spacious house in this historic district has high ceilings and original crown moldings. New Life House L.A. is walking distance away from Beverly Hills, the Grove, Hancock Park and Hollywood. It offers men great employment opportunities amid the exciting beat of the city, and is minutes away from some of the best 12 step meetings in Southern California!
Community is defined as:

“A feeling of fellowship with others, as a result of sharing common attitudes, interests and goals.”

Community and camaraderie are infused throughout New Life House and when a young man walks through our doors, there is a sense of belonging. New Life House is a recovery community where, since 1985, young men have been supported on their journey to living a healthy life free of substances. House members, alumni and extended family members carry on the tradition year-after-year of providing support and being examples that anything is possible in life without drugs and alcohol.
No one wants to do it alone and at New Life House, you don’t have to. Changing the things that aren’t working, taking a leap of faith, letting go of old behaviors – these things can be intimidating. Every man who has walked through the doors of NLH has felt alone. He wanted to regain his life, character and to be a part of something bigger, yet he didn’t know where to start. The young men at New Life House work together every step of the way, supporting each other through the recovery process.